Gordon JCC Nashville Job Description

JOB TITLE: Fitness Attendant (Part Time) **DEPARTMENT: Wellness/Fitness**

REPORTS TO: Fitness & Wellness Director **UPDATED: 3/2021**

FUNCTION: Responsible for member service, standard operations, enforcing policies, monitoring, cleanliness in the Fitness Center including equipment & restocking supplies.

Send Resume and relevant experience to harriet@nashvillejcc.org

Essential Job Functions:

- Assist in the supervision and safe operation of the fitness center
- Greet members and guests and maintain a professional demeanor at all times
- Perform daily cleaning of equipment and workout spaces, adherence to all Covid19 protocols

Other Job Functions:

- Attend scheduled shifts on time and appropriately attired
- Work as a team with other fitness staff to ensure coverage of the fitness center. MUST be available to sub shifts other than regularly assigned shifts
- Assist guests in obtaining information & conduct equipment orientations

Skills:

- Willingness to carry out the mission of the Gordon Jewish Community Center
- Be able to respond to calls, texts and/or emails in a timely manner
- Ability to work independently, utilize initiative, be organized and meet deadlines
- Ability to be able to react calmly and effectively in emergency situations
- Ability to operate or learn to operate all fitness equipment and entertainment options on equipment
- Willingness and ability to actively engage members in dialogue and relationship building

Equipment: Strength machines, cardiovascular equipment, cleaning supplies, walkie-talkie radio

Shifts: Opening 5:15am-11:30am, 11:30am-3:30pm, closing 3:30pm-6:45pm Mon-Thu; 5:15am-1pm, 1pm-5:45pm Fri; 7:45am-12pm, 12pm-4:45pm Sat/Sun. Shifts may vary somewhat based on day and be longer or shorter

Facility hours: Monday-Thursday 5:30am-6:45pm, Friday 5:30am-5:45pm, Sat/Sun 8am-4:45pm.

Attire: Gordon JCC provided staff shirt(s), appropriate footwear (tennis shoes or similar), solid colored workout pants or shorts (no shorter than 2 inches above the knee). Female staff may wear capri pants.

Physical Requirements:

- Lifting (ability to lift up to 50 pounds)
- Pushing/Pulling
- Squatting/Bending
- Walking
- Hand /Finger Dexterity
- Voice /Speech
- Hearing (may utilize aid)
- Vision (may be corrected)

Safety Requirements:

- CPR/AED/First Aid certified prior to hire (reimburse after 90 days if obtained for this position)

Prior Experience:

- Wellness experience preferred but not required. College coursework in health and sport sciences a plus. Certification as a group fitness instructor a plus.

Education:

- High school diploma or GED required. College preferred.

GORDON JCC
NASHVILLE