



Adult Programming Calendar October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			10/1 Thursday Lunchtime Concert	10/2
10/5 10am BINGO Join here 11am Ageless Strength & Stretch with Cynthia Join Password: 575838 1pm Regina's Chair Yoga Join Password: 9yWKLP	10/6 11am & 11:30am Tai Chi Join password: 777777 12:30pm Tuesday Talk: Kate Stewart A Well-Read Woman (YouTube)	10/7 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join Password: 9yWKLP	10/8 11am & 11:30am Tai Chi Join password: 777777 12:30pm Thursday Lunchtime Concert Josh Levinson	10/9 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join Password: 9yWKLP
10/12 10am BINGO Join here 11am Ageless Strength & Stretch with Cynthia Join Password: 575838 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join password: 9yWKLP	10/13 11am & 11:30am Tai Chi Join password: 777777 12:30pm Tuesday Talk: Andrew Maraniss Games of Deception (YouTube)	10/14 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join password: 9yWKLP	10/15 11am & 11:30am Tai Chi Join password: 777777 12:30pm Thursday Lunchtime Concert Dennis Scott 7pm Steve Madden, <i>The Cobbler</i> ZOOM Webinar Author Talk + Q & A In Conversation with Holly Firfer, TV Journalist	10/16 11:30am Yotem Ottolenghi, <i>Ottolenghi Flavor</i> ZOOM Webinar Author Talk + Q & A With co-author Ixta Belfrage In Conversation with Lee Shrager, 1pm Regina's Chair Yoga Join password: 9yWKLP
10/19 10am BINGO Join here 11am Ageless Strength & Stretch with Cynthia Join Password: 575838 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join Password: 9yWKLP	10/20 11am & 11:30am Tai Chi Join password: 777777 12:30pm Tuesday Talk: Don McGowan - The Seeing Eye organization (YouTube)	10/21 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join Password: 9yWKLP	10/22 11am & 11:30am Tai Chi Join password: 777777 12:30pm Thursday Lunchtime Concert	10/23 1pm Regina's Chair Yoga Join Password: 9yWKLP 10/25 Harlan Coban, <i>The Boy From the Woods</i> ZOOM Webinar Author Talk + Q & A In Conversation with Emily Giffin, New York Times Bestselling Author
10/26 10am BINGO Join here 11am Ageless Strength & Stretch with Cynthia Join Password: 575838 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join Password: 9yWKLP	10/27 11am & 11:30am Tai Chi Join password: 777777 12:30pm Tuesday Talk: Andrew Thompson (YouTube)	10/28 11am & 11:30am Tai Chi Join password: 777777 1pm Regina's Chair Yoga Join password: 9yWKLP	10/29 11am & 11:30am Tai Chi Join password: 777777 12:30pm Thursday Lunchtime Concert	10/30 1pm Regina's Chair Yoga Join password: 9yWKLP